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Mashpee Wampanoag Tribal Health Department

# Women's Talking Circle

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**Please come and join us - We welcome you!!**

Do you need support? Every day stress becoming too hard to deal with?  
Feeling disconnected? Want to re-connect? Want to have time for yourself?  
This Talking Circle is for you. Where you can have support from others  
in a quiet, confidential space.

**When: Every fourth (4th) Friday of the Month**

**Where: Mashpee Wampanoag Counseling Center—213 Sampson Mill Road**

**Mashpee, Ma. 02649**

**Time: 6 p.m. - 7:30 p.m.**

Please call the Tribal Health office for more information: 508-477-0409 Or 508-776-4529 with any questions.

