

---

Mashpee Wampanoag Tribal Health Department

# Women's Talking Circle

---



*Please come and join us ~ We welcome you!!*

Do you need support? Every day stress becoming too hard to deal with?  
Feeling disconnected? Want to re-connect? Want to have time for yourself?  
This Talking Circle is for you. Where you can have support from others  
in a quiet, confidential space.

**When:** Every fourth (4th) Friday of the Month

**Where:** Mashpee Wampanoag Counseling Center—213 Sampson Mill Road

Mashpee, Ma. 02649

**Time:** 6 p.m. - 7:30 p.m.

Please call the Tribal Health office for more information: 508-477-0409 Or 508-776-4529 with any questions.

